

321 Action - 40 Weeks - 90 Minutes A Week



	Date	Activity	Minutes
Week 1	2/1/2025		
	2/2/2025		
	2/3/2025		
	2/4/2025		
	2/5/2025		
	2/6/2025		
	2/7/2025		
Week 2	2/8/2025		
	2/9/2025		
	2/10/2025		
	2/11/2025		
	2/12/2025		
	2/13/2025		
	2/14/2025		
Week 3	2/15/2025		
	2/16/2025		
	2/17/2025		
	2/18/2025		
	2/19/2025		
	2/20/2025		
	2/21/2025		
Week 4	2/22/2025		
	2/23/2025		
	2/24/2025		
	2/25/2025		
	2/26/2025		
	2/27/2025		
	2/28/2025		
Week 5	3/1/2025		
	3/2/2025		
	3/3/2025		
	3/4/2025		
	3/5/2025		
	3/6/2025		
	3/7/2025		

	Date	Activity	Minutes
Week 6	3/8/2025		
	3/9/2025		
	3/10/2025		
	3/11/2025		
	3/12/2025		
	3/13/2025		
	3/14/2025		
Week 7	3/15/2025		
	3/16/2025		
	3/17/2025		
	3/18/2025		
	3/19/2025		
	3/20/2025		
	3/21/2025		
Week 8	3/22/2025		
	3/23/2025		
	3/24/2025		
	3/25/2025		
	3/26/2025		
	3/27/2025		
	3/28/2025		
Week 9	3/29/2025		
	3/30/2025		
	3/31/2025		
	4/1/2025		
	4/2/2025		
	4/3/2025		
	4/4/2025		
Week 10	4/5/2025		
	4/6/2025		
	4/7/2025		
	4/8/2025		
	4/9/2025		
	4/10/2025		
	4/11/2025		

#321 Action!

321 Action - 40 Weeks - 90 Minutes A Week



	Date	Activity	Minutes
Week 11	4/12/2025		
	4/13/2025		
	4/14/2025		
	4/15/2025		
	4/16/2025		
	4/17/2025		
	4/18/2025		
Week 12	4/19/2025		
	4/20/2025		
	4/21/2025		
	4/22/2025		
	4/23/2025		
	4/24/2025		
	4/25/2025		
Week 13	4/26/2025		
	4/27/2025		
	4/28/2025		
	4/29/2025		
	4/30/2025		
	5/1/2025		
	5/2/2025		
Week 14	5/3/2025		
	5/4/2025		
	5/5/2025		
	5/6/2025		
	5/7/2025		
	5/8/2025		
	5/9/2025		
Week 10	5/10/2025		
	5/11/2025		
	5/12/2025		
	5/13/2025		
	5/14/2025		
	5/15/2025		
	5/16/2025		

	Date	Activity	Minutes
Week 16	5/17/2025		
	5/18/2025		
	5/19/2025		
	5/20/2025		
	5/21/2025		
	5/22/2025		
	5/23/2025		
Week 17	5/24/2025		
	5/25/2025		
	5/26/2025		
	5/27/2025		
	5/28/2025		
	5/29/2025		
	5/30/2025		
Week 18	5/31/2025		
	6/1/2025		
	6/2/2025		
	6/3/2025		
	6/4/2025		
	6/5/2025		
	6/6/2025		
Week 19	6/7/2025		
	6/8/2025		
	6/9/2025		
	6/10/2025		
	6/11/2025		
	6/12/2025		
	6/13/2025		
Week 20	6/14/2025		
	6/15/2025		
	6/16/2025		
	6/17/2025		
	6/18/2025		
	6/19/2025		
	6/20/2025		

#321 Action!

321 Action - 40 Weeks - 90 Minutes A Week



	Date	Activity	Minutes
Week 21	6/21/2025		
	6/22/2025		
	6/23/2025		
	6/24/2025		
	6/25/2025		
	6/26/2025		
	6/27/2025		
Week 22	6/28/2025		
	6/29/2025		
	6/30/2025		
	7/1/2025		
	7/2/2025		
	7/3/2025		
	7/4/2025		
Week 23	7/5/2025		
	7/6/2025		
	7/7/2025		
	7/8/2025		
	7/9/2025		
	7/10/2025		
	7/11/2025		
Week 24	7/12/2025		
	7/13/2025		
	7/14/2025		
	7/15/2025		
	7/16/2025		
	7/17/2025		
	7/18/2025		
Week 25	7/19/2025		
	7/20/2025		
	7/21/2025		
	7/22/2025		
	7/23/2025		
	7/24/2025		
	7/25/2025		

	Date	Activity	Minutes
Week 26	7/26/2025		
	7/27/2025		
	7/28/2025		
	7/29/2025		
	7/30/2025		
	7/31/2025		
	8/1/2025		
Week 27	8/2/2025		
	8/3/2025		
	8/4/2025		
	8/5/2025		
	8/6/2025		
	8/7/2025		
	8/8/2025		
Week 28	8/9/2025		
	8/10/2025		
	8/11/2025		
	8/12/2025		
	8/13/2025		
	8/14/2025		
	8/15/2025		
Week 29	8/16/2025		
	8/17/2025		
	8/18/2025		
	8/19/2025		
	8/20/2025		
	8/21/2025		
	8/22/2025		
Week 30	8/23/2025		
	8/24/2025		
	8/25/2025		
	8/26/2025		
	8/27/2025		
	8/28/2025		
	8/29/2025		

#321 Action!

321 Action - 40 Weeks - 90 Minutes A Week



	Date	Activity	Minutes
Week 31	8/30/2025		
	8/31/2025		
	9/1/2025		
	9/2/2025		
	9/3/2025		
	9/4/2025		
	9/5/2025		
Week 32	9/6/2025		
	9/7/2025		
	9/8/2025		
	9/9/2025		
	9/10/2025		
	9/11/2025		
	9/12/2025		
Week 33	9/13/2025		
	9/14/2025		
	9/15/2025		
	9/16/2025		
	9/17/2025		
	9/18/2025		
	9/19/2025		
Week 34	9/20/2025		
	9/21/2025		
	9/22/2025		
	9/23/2025		
	9/24/2025		
	9/25/2025		
	9/26/2025		
Week 35	9/27/2025		
	9/28/2025		
	9/29/2025		
	9/30/2025		
	10/1/2025		
	10/2/2025		
	10/3/2025		

	Date	Activity	Minutes
Week 36	10/4/2025		
	10/5/2025		
	10/6/2025		
	10/7/2025		
	10/8/2025		
	10/9/2025		
	10/10/2025		
Week 37	10/11/2025		
	10/12/2025		
	10/13/2025		
	10/14/2025		
	10/15/2025		
	10/16/2025		
	10/17/2025		
Week 38	10/18/2025		
	10/19/2025		
	10/20/2025		
	10/21/2025		
	10/22/2025		
	10/23/2025		
	10/24/2025		
Week 39	10/25/2025		
	10/26/2025		
	10/27/2025		
	10/28/2025		
	10/29/2025		
	10/30/2025		
	10/31/2025		
Week 40	11/1/2025		
	11/2/2025		
	11/3/2025		
	11/4/2025		
	11/5/2025		
	11/6/2025		
	11/7/2025		

#321 Action!